

Resource Reviews

Taking Control

-Anaphylaxis and you

Video Review



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How many of you have had feelings of apprehension when you have discovered one of the children under your care had a life-threatening allergy? How often have you wondered if you have asked the child's parents all the right questions or if the parents provided you with enough information? Are you certain that you know what to do if that child is exposed to an allergen?

Help has finally arrived in a short video and booklet entitled "Taking Control - anaphylaxis and you". Produced by Kimberly Curran, the parent of a child with a peanut allergy, the video runs for 15 minutes and is supported by a booklet that covers the same material. Both the video and the booklet quickly and effectively deal with the definition of anaphylaxis, the symptoms, the course of actions and the use of the EpiPen. An excellent example of an emergency response plan is provided. The booklet also contains a list of resources for more information.

"Taking Control" is a must for every staff room library. The video can be quickly viewed in a staff meeting. It can be used as part of in-service staff development. Faculty teaching Health and Nutrition or Special Needs should consider showing the video in class. "Taking Control" should be used to stimulate discussion for a parent meeting especially if there are children in your setting with severe allergies.